

BEXAR County Health Authority

Health Directive

Dated Nov. 30, 2020

Recognizing that COVID-19 presents an ongoing public health threat, the Local Health Authority for Bexar County and the City of San Antonio issues this Directive pursuant to the Texas Health & Safety Code §81.082 to the residents of the City of San Antonio and Bexar County, effective immediately:

Recommendation Against Indoor Dining with People Outside One's Household. I recommend against dining indoors with any people outside one's household. Respiratory droplets occasionally travel [beyond 6 feet](#). Correct and consistent masking, which mitigates this risk, is not possible while eating or drinking. Restaurants can support public health by switching from indoor dining to exclusively outdoor and take-out service. In the workplace, employees can take breaks and meals in separate spaces or outdoors.

Recommendation Against Gathering Indoors with People Outside One's Household. I recommend against gathering indoors with people outside one's household. The more people, the greater the risk. Yelling, singing and forceful exhalations (such as from vigorous exercise) increase risk. Physical distancing, good ventilation and correct, consist use of a [3-layer mask](#) that covers both the nose and mouth will decrease risk.

Our knowledge base about COVID-19 transmission continues to evolve, and recommendations are likely to change as new data become available. I believe this directive includes appropriate control measures based on current knowledge.

This directive is issued under my authority as the Local Health Authority for Bexar County and the City of San Antonio on this the 30th day of November 2020.



C. Junda Woo, MD, MPH
Bexar County Health Authority